



September 2019

Walnut Grove Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
2 EDCC CLOSED	3 AM: CEREAL WITH MILK PM: PINEAPPLE & COTTAGE CHEESE 	4 AM: BANANA & GRAHAM CRACKERS WITH MILK PM: ENGLISH MUFFIN PIZZA WITH OJ	5 AM: BREAKFAST BAR WITH MILK PM: ORANGE SLICES WITH WHEAT THINS & MILK 	6 AM: BAGEL & CREAM CHEESE WITH OJ PM: CAESAR SALAD, CROUTONS & CHEESE																																																																																																		
9 AM: FIG BARS & MILK PM: SLICED PEACHES, RITZ CRACKERS WITH MILK 	10 AM: WHEAT TOAST WITH JAM & MILK PM: CARROTS & CUBED CHEESE	11 AM: WAFFLES WITH MILK PM: NOODLES WITH ALFREDO SAUCE & BROCCOLI	12 AM: OATMEAL & MILK PM: HAM, CHEESE AND SLICED BREAD 	13 AM: CEREAL WITH MILK PM: CHICKEN SALAD WITH WHEAT THINS & OJ																																																																																																		
16 AM: MIXED FRUIT CUP & MILK PM: PEAR SLICES & RITZ CRACKERS WITH MILK	17  AM: ENGLISH MUFFIN WITH CREAM CHEESE PM: CORN BREAD WITH HONEY & MILK	18 AM: BELVITA BARS & MILK PM: BAKED BEANS & BREAD ROLL WITH OJ 	19 AM: PANCAKES WITH SYRUP & MILK PM: APPLES AND YOGURT	20 AM: BRAN MUFFINS WITH MILK PM: VEGGIE STICKS, CRAISINS & MILK 																																																																																																		
23 AM: CEREAL & MILK PM: MEATBALLS AND CORN 	24 AM: WHEAT TOAST WITH JAM & OJ PM: TURKEY & CHEESE TORTILLA WRAP	25 AM: FIG BARS & BANANAS PM: GRILLED CHEESE WITH APPLE JUICE 	26 AM: WAFFLES WITH JAM & MILK PM: ROTINI PASTA WITH TOMATO SAUCE & PARMESAN CHEESE WITH OJ	27 AM: OATMEAL & MILK PM: HUMMUS, CARROTS, & PITA CHIPS 																																																																																																		
30 AM: BAGELS & CREAM CHEESE PM: CHERRY TOMATOES & OLIVES WITH OJ 	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="7">Aug 2019</th> <th colspan="7">Oct 2019</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </tbody> </table>				Aug 2019							Oct 2019							M	T	W	T	F	S	S	M	T	W	T	F	S	S				1	2	3	4		1	2	3	4	5	6	5	6	7	8	9	10	11	7	8	9	10	11	12	13	12	13	14	15	16	17	18	14	15	16	17	18	19	20	19	20	21	22	23	24	25	21	22	23	24	25	26	27	26	27	28	29	30	31		28	29	30	31			
Aug 2019							Oct 2019																																																																																															
M	T	W	T	F	S	S	M	T	W	T	F	S	S																																																																																									
			1	2	3	4		1	2	3	4	5	6																																																																																									
5	6	7	8	9	10	11	7	8	9	10	11	12	13																																																																																									
12	13	14	15	16	17	18	14	15	16	17	18	19	20																																																																																									
19	20	21	22	23	24	25	21	22	23	24	25	26	27																																																																																									
26	27	28	29	30	31		28	29	30	31																																																																																												