



# EDCC Frederiksen Snack Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																			
<p><b>2</b></p> 	<p><b>3</b></p> <p>Bagels with Cream Cheese &amp; Apple Juice</p> 	<p><b>4</b></p> <p>Garden Salad with Cheese, Croutons, Ranch &amp; Milk</p> 	<p><b>5</b></p> <p>Cheese Burrito with Salsa &amp; Apple Juice</p>	<p><b>6</b></p> <p>Apple Sauce w/Graham Crackers and Pears</p> 																																																																																																			
<p><b>9</b></p> <p>Cucumbers with Hummus, Pita Chips, &amp; Milk</p> 	<p><b>10</b></p> <p>Granola Bars with Apple Sauce &amp; Orange Juice</p> 	<p><b>11</b></p> <p>Yogurt, Rice Rollers, &amp; Bananas</p> 	<p><b>12</b></p> <p>English Muffin Cheese Pizza with Olives &amp; Orange Juice</p> 	<p><b>13</b></p> <p>Brown Rice with Peas, Carrots, Soy Sauce &amp; Milk</p> 																																																																																																			
<p><b>16</b></p> <p>Breakfast Bar with Apple Slices &amp; Orange Juice</p> 	<p><b>17</b></p> <p>Cheese Slices with Ritz Crackers &amp; Pineapple</p> 	<p><b>18</b></p> <p>Honey Cornbread &amp; Milk</p> 	<p><b>19</b></p> <p>Pasta with Red Sauce &amp; Orange Juice</p> 	<p><b>20</b></p> <p>Cereal with Milk &amp; Bananas</p>																																																																																																			
<p><b>23</b></p> <p>Pretzel Thins, with Hummus, Melon &amp; Milk</p> 	<p><b>24</b></p> <p>Graham Crackers with Cream Cheese, Berries, &amp; Apple Juice</p>	<p><b>25</b></p> <p>Vegetarian Baked Beans with Hawaiian Roll &amp; Milk</p> 	<p><b>26</b></p> <p>Cheese Quesadilla, with Salsa &amp; Apple Juice</p>	<p><b>27</b></p> <p>Grilled Cheese &amp; Orange Slices.</p> 																																																																																																			
<p><b>30</b></p> <p>String Cheese, with Carrots, Cucumbers &amp; Ranch</p> 	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th colspan="7">Aug 2019</th> <th colspan="7">Oct 2019</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> <td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </tbody> </table>				Aug 2019							Oct 2019							M	T	W	T	F	S	S	M	T	W	T	F	S	S				1	2	3	4			1	2	3	4	5	6	5	6	7	8	9	10	11	7	8	9	10	11	12	13	12	13	14	15	16	17	18	14	15	16	17	18	19	20	19	20	21	22	23	24	25	21	22	23	24	25	26	27	26	27	28	29	30	31		28	29	30	31			
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