



# EDCC Frederiksen: July 2019

## Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<p><b>1</b></p>  <p>AM: Cereal &amp; Milk PM: Garden Salad &amp; Bread Roll</p>	<p><b>2</b></p> <p>AM: Toast w/Jam &amp; Orange Juice PM: Rice Rollers, Pineapple Tid-bits, &amp; Milk</p> 	<p><b>3</b></p>  <p>AM: Cereal Bar &amp; Milk PM: Cucumber Slices, Pretzels, &amp; Cheese Cubes</p>	<p><b>4</b></p> <p><b>EDCC CLOSED</b></p> 	<p><b>5</b></p>  <p>AM: Bagels &amp; Milk PM: Tuna Salad &amp; Grapes</p> 																																																																																																		
<p><b>8</b></p> <p>AM: Toast w/Jam &amp; Orange Juice PM: Apple Slices &amp; Milk</p> 	<p><b>9</b></p>  <p>AM: Cereal &amp; Milk PM: Egg Salad, Olives, &amp; Whole Grain Cracker Dippers</p> 	<p><b>10</b></p>  <p>AM: Cereal Bar &amp; Milk PM: Hummus, Pita Chips, &amp; Bell Pepper Slices</p>	<p><b>11</b></p> <p>AM: Oatmeal w/Raisins &amp; Orange Juice PM: Caesar Salad, Sun Flower Seed Sprinkles, &amp; Milk</p> 	<p><b>12</b></p>  <p>AM: Bagels &amp; Milk PM: Blueberry Muffins &amp; Orange Juice</p>																																																																																																		
<p><b>15</b></p>  <p>AM: Cereal &amp; Milk PM: Granola Bars &amp; Orange Juice</p>	<p><b>16</b></p> <p>AM: Toast w/Jam &amp; Orange Juice PM: English Muffin Pizza, Sliced Olives, &amp; Milk</p> 	<p><b>17</b></p>  <p>AM: Cereal Bar &amp; Milk PM: Unsweetened Applesauce, Graham Crackers, &amp; Milk</p>	<p><b>18</b></p> <p>AM: Oatmeal w/Raisins &amp; Orange Juice PM: Whole Wheat Pasta, Marinara Sauce, &amp; Milk</p> 	<p><b>19</b></p>  <p>AM: Bagels &amp; Milk PM: Broccoli Cheddar Cheese Bake &amp; Orange Juice</p>																																																																																																		
<p><b>22</b></p>  <p>AM: Cereal &amp; Milk PM: Grilled Cheese Sandwiches &amp; Grape Tomatoes</p>	<p><b>23</b></p> <p>AM: Toast w/Jam &amp; Orange Juice PM: Peach Slices &amp; Milk</p> 	<p><b>24</b></p>  <p>AM: Cereal Bar &amp; Milk PM: Carrot Sticks &amp; String Cheese</p> 	<p><b>25</b></p> <p>AM: Oatmeal w/Raisins &amp; Orange Juice PM: Brown Rice, Peas, Carrots, &amp; Milk</p> 	<p><b>26</b></p>  <p>AM: Bagels &amp; Milk PM: Cheese Quesadillas, Salsa, &amp; Whole Wheat Tortillas</p>																																																																																																		
<p><b>29</b></p>  <p>AM: Cereal &amp; Milk PM: Mixed Cheese Platter, Whole Grain Cracker Stackers, &amp; Celery Sticks</p> 	<p><b>30</b></p> <p>AM: Toast w/Jam &amp; Orange Juice PM: Honey Corn Bread &amp; Milk</p> 	<p><b>31</b></p>  <p>AM: Cereal Bar &amp; Milk PM: Bananas &amp; Milk</p> 	<table border="1"> <thead> <tr> <th colspan="7">Jun 2019</th> <th colspan="7">Aug 2019</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td> </tr> </tbody> </table>		Jun 2019							Aug 2019							M	T	W	T	F	S	S	M	T	W	T	F	S	S						1	2				1	2	3	4	3	4	5	6	7	8	9	5	6	7	8	9	10	11	10	11	12	13	14	15	16	12	13	14	15	16	17	18	17	18	19	20	21	22	23	19	20	21	22	23	24	25	24	25	26	27	28	29	30	26	27	28	29	30	31	
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