



January 2019

Amador Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 EDCC CLOSED	2 AM: Pancakes & Apple Sauce PM: Rice Rollers Mixed Fruit Cup and Milk 	3 AM: Cereal Bars & Milk PM: Pitas & Carrots & Hummus	4 AM: Oatmeal & Pineapples PM: Belvitas & Raisins & Milk
7 Ritz Crackers & Tuna Salad	8 Cereal & Milk 	9 String Cheese & Wheat Thins	10 Vegetable Soup & Tortillas 	11 Graham Crackers & Strawberries
14 Spinach Salad & Milk	15 Edamame & Rice 	16 Cuties & WW Crackers	17 Bake Potatoes & Corn & 100 % OJ 	18 Pizza Roll Ups & Milk
21 CLOSED	22 Jelly Sandwich & Milk 	23 Bananas & Cereal Bars 	24 Refried Beans & Spanish Rice	25 Chicken Noodle Soup & Toast
28 Cheesy Roll Ups & Carrot Sticks	29 Chef Salad w/ Cheese Cubes 	30 Orange Slices & Triscuits	31 Spaghetti & Green Beans 	