

October 2018

Amador Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Cuties and Ritz	Chef Salad and 100% OJ	Alfredo Pasta with Broccoli	Tomato Nood le Soup and Corn Tor tillas	Cheese Sticks and Cherry Tomatoes
8	9	10	11	12
AM: Cereal and Milk PM: Cinnamon Cream Cheese Apples and Graham Crackers	Tuna Salad & Cucumbers	Tof u with Snap Peas and Cauliflower	Bean Enchiladas	Belvitas and Milk
				10
Pears and String Cheese	16 Italian Potatoes with Corn and Peas	Cereal and Milk	Fried Rice and Green Beans	19 Miso Soup with Tofu and Noodles
22	23	24	25	26
Melons & W heat Thins	Vegetable Noodle Soup with Hawaiian Bread	Cucumbers, Hummus Rollups	Pita Bread Pizzas	Baked Potato Soup and WW Rolls
29	30	31	Sep 2018	Nov 2018
Bananas and Cereal Bars	Tomato Soup and Cheese Biscuits	Carrots, Celery and W heat Thins	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30