

July 2018

Amador Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 A.M. Cereal and Milk P.M. Cheese Cubes and Grapes	3 A.M. Waffles and Berries P.M. Bean Salad and Tortillas	4 EDCC WILL BE CLOSED HAVE A SAFE AND FUN FOURTH OF JULY!	5 A.M. Toast and Pears P.M. Butter Parmesan Cheese Noodles with 100% OJ	6 A.M. Yogurt and Graham Crackers P.M. Hummus and Carrots with Pita Chips
9 A.M. Applesauce and Eggs P.M. Strawberry Spinach Salad with Milk	10 A.M. Oatmeal and Grapes P.M. Cheese Quesadillas with Salsa	11 A.M. Cheerios and Milk P.M. Brown Rice and Green Bean/Broccoli with Milk	12 A.M. Cereal Bars and Bananas P.M. Italian Potatoes and Milk	13 A.M. Raisins and Bagels P.M. Pears and Wheat Thins
16 A.M. Eggs and Toast P.M. Turkey and Cheese with Ritz Crackers	17 A.M. Belvitas and Milk P.M. Peaches and Triscuits	18 A.M. Strawberries and Graham Crackers P.M. String Cheese and Orange Slices	19 A.M. Rice Rollers and Peaches P.M. Grilled Cheese and Pickles	20 A.M. Cereal and Milk P.M. Homemade Mac and Peas
23 A.M. Bagels and Cream Cheese P.M. Chef Salad and Saltines with 100% OJ	24 A.M. Cereal and Milk P.M. Yogurt and Granola with Mango	25 A.M. English Muffins and Pears P.M. Bean and Cheese Burritos	26 A.M. Egg and Cheese Cups and Apples P.M. Zucchini Spaghetti with Milk	27 A.M. Avocado Toast 100% OJ P.M. Bananas and Rice Rollers with Milk
30 A.M. Melon and English Muffins P.M. Tuna Salad Sandwiches and Cheese Sandwiches	31 A.M. Pancakes and Applesauce P.M. Cuties and Graham Crackers			