










July 2018

Murray's Summer Snack Menu



| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p>2</p> <p>AM: Graham Crackers and Applesauce</p> <p>PM: Pineapple Slices and Wheat Thins</p> | <p>3</p> <p>AM: Toast with Jam and Milk</p> <p>PM: Turkey and Cheese Roll Ups</p> | <p>4</p> <p>EDCC CLOSED</p>  | <p>5</p> <p>AM: Bananas and Yogurt</p> <p>PM: Cuties and Rice Rolls</p> | <p>6</p> <p>AM: Cereal and Milk</p> <p>PM: Tortilla Pizza</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>9</p> <p>AM: Bagels with Cream Cheese and Grapes</p> <p>PM: Corn and Green Beans with Pita Chips</p>  | <p>10</p> <p>AM: Breakfast Bars and Milk</p> <p>PM: Peaches and String Cheese</p> | <p>11</p> <p>AM: Cuties and Graham Crackers</p> <p>PM: Caesar Salad and Wheat Toast</p> | <p>12</p> <p>AM: English Muffins with Jam and Milk</p> <p>PM: Strawberries with Cream Cheese and Graham Crackers</p>  | <p>13</p> <p>AM: Oatmeal and Milk</p> <p>PM: Baked Beans and Wheat Rolls</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>16</p> <p>AM: Yogurt and Granola</p> <p>PM: Applesauce with Wheat Toast and Milk</p> | <p>17</p> <p>AM: Cereal and Milk</p> <p>PM: Carrots with Ranch and Triscuts</p> | <p>18</p> <p>AM: Oatmeal and Craisins</p> <p>PM: Alfredo Pasta and Broccoli</p>  | <p>19</p> <p>AM: Bananas and Graham Crackers</p> <p>PM: Baked Beans and Wheat Bread</p> | <p>20</p> <p>AM: Waffles and Milk</p> <p>PM: Cheesy Tortilla Roll Ups with Salsa and Milk</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>23</p> <p>AM: Toast with Jam and Milk</p> <p>PM: Applesauce and Rice Rolls</p>  | <p>24</p> <p>AM: Bagels with Cream Cheese and Strawberries</p> <p>PM: Edamame with Rice and Soy Sauce</p> | <p>25</p> <p>AM: Breakfast Bars and Craisins</p> <p>PM: Veggie Sticks and Milk</p> | <p>26</p> <p>AM: English Muffins with Jam and Milk</p> <p>PM: Peaches and Ritz Crackers</p> | <p>27</p> <p>AM: Pancakes and Milk</p> <p>PM: Spaghetti with Red Sauce and Milk</p>  | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>30</p> <p>AM: Bananas and Yogurt</p> <p>PM: Cuties and BelVita Bars</p> | <p>31</p> <p>AM: Oatmeal and Craisins</p> <p>PM: Grapes with Cream Cheese and Graham Crackers</p>  | <table border="1"> <thead> <tr> <th colspan="7">Jun 2018</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table> | | Jun 2018 | | | | | | | M | T | W | T | F | S | S | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | | <table border="1"> <thead> <tr> <th colspan="7">Aug 2018</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table> | Aug 2018 | | | | | | | M | T | W | T | F | S | S | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | | |
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