



June 2018 EDCC Frederiksen

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																									
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4  AM: Whole Grain Cereal & Milk PM: Yogurt, Granola Topping, & Orange Juice	5 AM: Orange Juice w/Toast & Jam PM: Carrot & Celery Vegetable Dippers & Pita Chips	6 AM: Cereal Bars & Milk PM: Grape Medley & Whole Grain Crackers  	7 AM: Oatmeal & Orange Juice PM: Cucumber Slices & Cheese Cubes	8 AM: Bagels w/Cream Cheese & Orange Juice PM: Brown Rice w/Peas & Carrots																																																																																																									
11  AM: Whole Grain Cereal & Milk PM: Bananas & Graham Crackers	12 AM: Orange Juice w/Toast & Jam PM: Garden Salad & Bread Roll 	13 AM: Oatmeal, Raisins, & Milk PM: Peach Slices & Whole Grain Crackers 	14  AM: Cereal Bars & Milk PM: Tuna Salad, Veggie Straw Crackers, & Orange Juice	15 AM: Bagels w/Cream Cheese & Orange Juice PM: Blueberry Applesauce Muffins & Milk 																																																																																																									
18 AM: Cereal Bars & Milk PM: Granola Bars & Milk 	19 AM: Whole Grain Cereal & Milk PM: Celery Sticks, Cream Cheese, Raisins, & Orange Juice 	20 AM: Orange Juice w/Toast & Jam PM: Applesauce & Rice Rollers	21  AM: Oatmeal, Raisins & Milk PM: String Cheese & Carrot Sticks	22 AM: Bagels w/Cream Cheese & Orange Juice PM: English Muffin Pizza & Milk 																																																																																																									
25 AM: Whole Grain Cereal & Milk PM: Fruit Salad & Graham Crackers 	26 AM: Oatmeal, Raisins & Orange Juice PM: Three Bean Salad & Milk	27  AM: Toast w/Jam & Milk PM: Egg Salad & Celery Stick Dippers	28 AM: Cereal Bars & Orange Juice PM: Pears, Rice Cakes, & Milk  	29 AM: Bagels w/ Cream Cheese & Orange Juice PM: Broccoli Cheddar Cheese Bake & Milk 																																																																																																									