



July 2018 EDCC Frederiksen

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
2  AM: Whole Grain Cereal & Milk PM: Applesauce, Graham Crackers, & Milk	3 AM: Toast W/Jam & Orange Juice PM: Edamame, Craisins, & Milk 	4 EDCC CLOSED 	5 AM: Cereal Bars & Milk PM: BelVita Bars & Grape Medley 	6 AM: Bagels w/Cream Cheese & Orange Juice PM: Honey Cornbread & Milk 																																																																																																		
9 AM: Toast W/Jam & Orange Juice PM: Yogurt, Granola Topping, & Orange Juice 	10 AM: Whole Grain Cereal & Milk PM: Apple Slices, Veggie Stick Crackers, & Milk 	11  AM: Oatmeal, Raisins, & Milk PM: Celery Sticks w/Ranch Dressing Dip & Orange Juice	12 AM: Cereal Bars & Orange Juice PM: String Cheese & Carrot Sticks	13 AM: Bagels w/Cream Cheese & Milk PM: Mini-Oranges & Whole Grain Crackers 																																																																																																		
16  AM: Cereal Bars & Milk PM: Hummus, Pita Chips, Raisins, & Milk	17 AM: Oatmeal, Raisins, & Orange Juice PM: Cucumber Slices & Cheese Cubes	18  AM: Toast w/Jam & Milk PM: Egg Salad, Olives, & Whole Grain Cracker Dippers	19 AM: Whole Grain Cereal & Milk PM: Pineapple Tidbits w/Milk & Pretzels 	20 AM: Bagels w/Cream Cheese & Orange Juice PM: Brown Rice & Mixed Vegetables																																																																																																		
23 AM: Cereal Bars & Milk PM: English Muffin Pizza & Orange Juice 	24 AM: Toast w/Jam & Orange Juice PM: Garden Salad w/Sunflower Seeds & Milk 	25  AM: Oatmeal, Raisins, & Milk PM: Three Bean Salad & Milk	26 AM: Whole Grain Cereal & Orange Juice PM: Sliced Peaches, Rice Rollers, & Milk 	27 AM: Bagels w/Cream Cheese & Orange Juice PM: Blueberry Applesauce Muffins & Milk 																																																																																																		
30  AM: Whole Grain Cereal & Milk PM: Granola Bars & Milk	31 AM: Cereal Bars & Orange Juice PM: Bananas & Milk 	<table border="1"> <thead> <tr> <th colspan="7">Jun 2018</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Aug 2018</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> <td></td> <td></td> </tr> </tbody> </table>			Jun 2018							M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		Aug 2018							M	T	W	T	F	S	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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