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EDCC DUBLIN ELEMENTARY NEWS

MARCH 2018

Dear EDCC Families,

Spring is definitely here with this warm weather and beautiful skies. So are the wonderful lesson plans for the month of March. In the Cub's room the children will learn about the 5 senses, gardening, bugs and insects. In the Panther's classroom the children will learn about sports, women in history, St. Patrick's Day and wildlife. Don't forget to ask your children what the themes are for each week and check their art files to take all their wonderful creations home.

As teachers, we recognize that your children have a long day filled with responsibilities at school, EDCC and home. They have assignments, tests, and extracurricular activities. Often times, this may lead to stress, anxiety, and frustration. We feel that children of all ages can benefit from mindfulness. Mindfulness is the simple practice of slowing down, breathing, and focusing their attention to develop a positive mind-set in both school and life.

At EDCC, we have been incorporating mindfulness throughout our day. When arriving from school, our students sit quietly, relax, and listen to calm music. They also share positive moments in their day and express gratitude. We hope to inspire your children and extend the benefits of mindfulness throughout their day, week, and year.

Best Regards,

Selin Arsezen-Moody
Site Director



IMPORTANT DATES

3/7 Collaboration Day
3/16 Full Center Day
3/21 Collaboration Day
3/30 Minimum Day



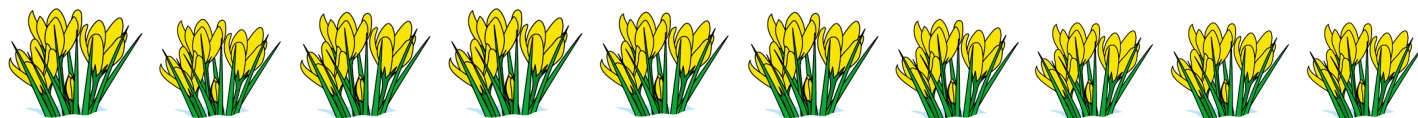
Fifth Grade Parents News Alert

As you may know, when a fifth grader graduates from elementary school they also graduate from EDCC. We have had many of your children since kindergarten and have loved being a part of their lives and watching them grow into young adults. We will miss them greatly.

We know that making the transition might be a difficult time so we encourage you to ask previous parents what they decided to do. So please talk with your friends and neighbors who have gone through this in the past.

We want to thank you again for your years of support and wish you the best in your next endeavor.

PANTHERS AND CUBS IN ACTION!



Panthers and Cubs have been enjoying a variety of activities such as cooking, engineering and drama in the month of February.

