



OCTOBER 2017

Dublin EI Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
2 Gogurt and Apple Slices 	3 Green Salad with Shredded Cheese and a Dinner Roll	4 Tuna Salad with Celery Sticks 	5 Whole Wheat Crackers, Cheese Cubes and Pears	6 Rice and Mixed Vegetables and Orange Juice																																																																																																		
9 Graham Crackers and Apple Sauce	10 Chicken Salad and Cucumber Slices 	11 Triscuits, String Cheese and Carrots 	12 Pasta with Alfredo Sauce and Peas 	13 Cheesy Broccoli Bake and Orange Juice																																																																																																		
16 Cereal Bar and Peaches	17 Egg Salad and Toast	18 Turkey Slices with Cheese Cubes and Green Beans	19 English Muffin Pizza with Olives and Milk	20 Bean and Cheese Burritos and Salsa																																																																																																		
23 Bagels with Cream Cheese and Mixed Fruits	24 Rice Cakes and Pineapple Slices 	25 Corn Bread and Milk	26 Egg and Cheese Breakfast Burritos and Grape Tomatoes	27 Grilled Cheese with Pickles and Orange Juice 																																																																																																		
30 Garlic Bread with Milk and Grapes	31 Carrots and Celery Sticks with Veggie Dip and Whole Wheat Crackers 	<table border="1"> <thead> <tr> <th colspan="7">Sep 2017</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th colspan="7">Nov 2017</th> </tr> <tr> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> </tr> <tr> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> </tr> <tr> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> </tr> <tr> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> </tr> <tr> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> </tr> </tbody> </table>			Sep 2017							M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		Nov 2017							M	T	W	T	F	S	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
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