



# EDCC Frederiksen July 2017

## Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
<b>3</b> AM: Oatmeal & Orange Juice PM: Tuna Salad w/Whole Grain Crackers & Grapes	<b>4</b> <b>EDCC CLOSED</b> 	<b>5</b> AM: Belvita Bars & Milk PM: Sliced Pears & Whole Wheat Crakers 	<b>6</b> AM: Cereal Bars & Orange Juice PM: Frozen Go-gurts & Graham Crackers	<b>7</b> AM: Whole Grain Cereal & Milk PM: Honey Cornbread w/Milk 																																																																																																		
<b>10</b> AM: Oatmeal & Milk PM: Granola Bars & Milk 	<b>11</b> AM: Apple Sauce w/Graham Crackers & Milk PM: Carrot Sticks & Turkey Rolls w/Whole Grain Crackers 	<b>12</b> AM: Ceral Bars & Orange Juice PM: Celery Sticks w/Cream Cheese & Raisins	<b>13</b> AM: Whole Grain Cereal & Milk PM: Mandarin Oranges & Graham Crackers 	<b>14</b> AM: Belvita Bars & Milk PM: English Muffin Pizza w/Sliced Olives & Milk 																																																																																																		
<b>17</b> AM: Cereal Bars & Milk PM: Garden Salad w/Roasted Chicken 	<b>18</b> AM: Oatmeal & Milk PM: Cucumber Slices w/Cheese Cubes 	<b>19</b> AM: Whole Grain Cereal & Milk PM: Pineapple Chunks w/Graham Crackers 	<b>20</b> AM: Belvita Bars & Orange Juice PM: Wheat Toast w/Cream Cheese & Homemade Raspberry Chia Jam	<b>21</b> AM: Whole Grain Cereal & Milk PM: Whole Wheat Quessadilla's w/Salsa 																																																																																																		
<b>24</b> AM: Whole Grain Cereal & Milk PM: Carrot Sticks & Raisins w/String Cheese 	<b>25</b> AM: Cereal Bars & Orange Juice PM: Turkey & Cheese Platter w/Whole Wheat Cracker Stackers	<b>26</b> AM: Whole Grain Cereal & Milk PM: Egg Salad & Olives w/ Celery Sticks 	<b>27</b>  AM: Granola Bars & Milk PM: Bananas & Milk	<b>28</b> AM: Oatmeal w/Raisins & Milk PM: Brown Rice w/Mixed Vegetables 																																																																																																		
<b>31</b> AM: Whole Grain Cereal & Milk PM: Blueberry Muffins & Milk 	<table border="1"> <thead> <tr> <th colspan="7">Jun 2017</th> <th colspan="7">Aug 2017</th> </tr> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> <td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> <td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> <td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> <td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td> <td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td> </tr> </tbody> </table>				Jun 2017							Aug 2017							M	T	W	T	F	S	S	M	T	W	T	F	S	S				1	2	3	4		1	2	3	4	5	6	5	6	7	8	9	10	11	7	8	9	10	11	12	13	12	13	14	15	16	17	18	14	15	16	17	18	19	20	19	20	21	22	23	24	25	21	22	23	24	25	26	27	26	27	28	29	30			28	29	30	31			
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