



EDCC Frederiksen April

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 EDCC CLOSED 	4 AM: Toast & Milk PM: Grilled Cheese Sandwiches w/Grape Tomatoes 	5 AM: Oatmeal w/Raisins & Milk PM: Tuna Salad w/Whole Grain Crackers 	6 AM: Granda Bars & Apple Sauce PM: Turkey Hot Dogs & Baked Beans	7 AM: Cereal w/Milk PM: Cheesy Broccoli Bake 
Full Center Days				
10 Go-gurts & Graham Crackers	11 Pear Slices w/Ham Rolls	12 Caesar Salad w/Roasted Chicken 	13 English Muffin Pizzas w/Sliced Olives & Milk 	14 Brown Rice w/Vegetables & Soy Sauce
17 Bagels w/Cream Cheese & Mandarin Oranges	18 Peach Slices & Turkey Rolls	19 Celery Sticks w/Cream Cheese & Raisins 	20 Egg Salad w/Whole Grain Cracker Dippers	21 Blueberry Muffins & Milk 
24 Apple Slices w/Toast & Milk 	25 Cucumber Slices w/ Cheese Cubes 	26 Snap Peas & Carrot Sticks w/Hummus 	27 Whole Wheat Quesadillas w/Salsa	28 Whole Wheat Pasta Alfredo w/Turkey Meatballs

M	T	W	T	F	S	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

M	T	W	T	F	S	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				